Ingredients: Ning Hong Tea Mixture 26% (Green Tea, Masai Tea, Mate Tea, Pu-Erh Tea, Red Tea, Dandelion, Fennel, Peppermint, Yarrow, Horsetail, Lotus Blossom, Blackcurrants, Hawthorn Fruit), Hydroxypropyl Methylcellulose (vegetarian capsule shell), Green Coffee Extract, Green Tea Extract, White Tea Extract, Guarana Extract, L-Carnitine Tartrate (Carnipure®), Raspberry Powder, Release agent: Dicalcium Phosphate, Magnesium Salts of Edible Fatty Acids; Bitter Melon Extract, Zinc Gluconate, Niacin (Vitamin B3), Stabiliser: Microcrystalline Cellulose; Piperine, Pyridoxine (Vitamin B6), Riboflavin (Vitamin B2), Bitter Orange Extract, Paprika Extract (hot), Chrome

3 capsules contain: Niacin (Vitamin B3) - 48 mg = 300*. Pyridoxine (Vitamin B6) - 4.5 mg = 321*, Riboflavin (Vitamin B2) - 4.2 mg = 300*, Zinc - 7.5 mg = 75*. Chrome - 30 ug = 75*. Caffeine (obtained from Guarana and

Picolinate

Green Coffee Extract) - 42.6 mg. Synephrine (obtained from Bitter Orange Extract) - 3 mg, L-Carnitine - 102 mg, Plant Substances - 1988 mg. * = % of the Nutrient Reference Value (NRV) under the EU Regulation on the

provision of food information to consumers. Caution: The product is not recommended for use during pregnancy or

breastfeeding, or by children under the age of 12. Persons with cardiovascular conditions should consult their doctor before use. Do not exceed the recommended daily dose. Food supplements should not be viewed as a substitute for a balanced and varied diet and a healthy lifestyle. Keep the product out of sight and reach of children.





plant substances, to support the metabolism of persons following a slimming diet. Riboflavin contributes to normal energy metabolism. Zinc contributes to normal carbohydrate and fatty acid metabolism. Chrome contributes to normal metabolism of macronutrients and to maintaining a normal blood sugar level.

Recommended dose: take one capsule in the morning, one at midday and

Food supplement containing mineral substances, vitamins and high-quality

Information for diabetics: 3 capsules contain 0.15 CE (carbohydrate exchange) units.

Storage: Store this product in a cool, dry place and away from direct sunlight.

Best before end: See date on base of container.

Further information: www.naturavitalis.de

one in the evening with plenty of water.

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30 DAYS

DIET

Contents: 90 capsules / 71 g